

EXAMPLE 1 CONTRACTOR OF CON

THE WIVES OF STEELERS PLAYERS AND COACHES, AS WELL AS PLAYERS' PARENTS, SHARED SOME OF THEIR OWN RECIPES, FAMILY RECIPES AND JUST SOME FAVORITE RECIPES THEY HAVE FOUND OVER THE YEARS TO GIVE YOU SOME IDEAS FOR THANKSGIVING DAY.



RECIPE: Cornbread Dressing

FROM THE KITCHEN OF: Janet Butler, wife of defensive coordinator Keith Butler

INGREDIENTS:

1 pan white cornbread, crumbled

1 bag Pepperidge Farm Herb seasoned stuffing

1 small-medium onion, chopped

1 medium stalk of celery, chopped

1 stick butter

3-4 boiled eggs, chopped

2 raw eggs

3-4 cans or 2 cartons chicken broth

Salt, pepper and sage

INSTRUCTIONS:

In extra-large mixing bowl, mix together crumbled cornbread and stuffing mix. Sauté chopped onion and celery in stick of butter until soft. Add to stuffing mixture, along with chopped boiled eggs and toss. Add beaten raw eggs, then add enough broth to a very moist consistency which holds it all together. Put in large, long lightly greased baking dish or 2 medium baking dishes. Pour more chicken broth over top to make and keep moist while cooking. Cook at 350-375 until done, usually 30 minutes to an hour, depending on size of baking dish(s). Enjoy!



RECIPE: Lemon Loaf

FROM THE KITCHEN OF: Rashidah B

Rashidah Brown, wife of secondary coach Grady Brown

INGREDIENTS:

3 large eggs, room temperature1-2 teaspoons McCormick lemon extract1 cup granulated sugar1/2 cup vegetable oil8 ounces sour cream, room temperature11/2 cups all-purpose flour2 tablespoon lemon zest2 teaspoons baking powder1 tablespoon lemon juice1/2 teaspoon kosher salt

INSTRUCTIONS:

1. Preheat oven to 350°F and grease an 8½ x 4½-inch loaf pan. 2. In the bowl of a stand mixer with the paddle attachment, add eggs, sugar, sour

cream, lemon zest, lemon juice, and lemon extract and beat until creamy. Slowly drizzle in oil. 3. In a separate bowl, whisk together flour, baking

powder, and salt. 4. Add flour mixture to the wet mixture and mix until just combined. (Some lumps are okay.) 5. Pour batter into the prepared loaf

pan and bake 55-60 minutes or until a toothpick comes out with only a few crumbs. 6. Allow the cake to cool completely (about 30 minutes).

Lemon Glaze: In a medium bowl, combine the confectioners' sugar and lemon juice and whisk until smooth. Pour the glaze over the cooled cake

and serve.



| RECIPE: Holiday Cranberry Relis | RECIPE: | Holiday | Cranberry | Relis |
|---------------------------------|---------|---------|-----------|-------|
|---------------------------------|---------|---------|-----------|-------|

FROM THE KITCHEN OF: Erin Canada, wife of Quarterbacks Coach Matt Canada

INGREDIENTS:

2 oranges peeled

2-3 apples

1 bag cranberries

1-2 cups of sugar

Zest of one orange

INSTRUCTIONS:

1. Food process oranges, apples, cranberries.

2. Mix in 1 cup of sugar

3. Refrigerate overnight

4. Taste-add additional cup of sugar if needed per your taste.

Serve as side dish with holiday meal & next day with leftovers (particularly good with turkey sandwich and

Ruffles)



RECIPE: Four Ingredient Pumpkin Dip

FROM THE KITCHEN OF: Janis Colbert, wife of General Manager Kevin Colbert

INGREDIENTS:

115-ounce can Pumpkin

15-ounce package Instant Vanilla Pudding Mix

1/2 Tablespoon Pumpkin Pie Spice

116-ounce container of Cool Whip

INSTRUCTIONS:

1: In a large mixing bowl, beat together pumpkin, vanilla pudding mix, and pumpkin pie spice.

2: Fold in cool whip.

3: Keep in refrigerator until serving.

Serve with Ginger Snaps, Cinnamon Graham Crackers or Apple Slices.



RECIPE: Favorite Sweet Potato Casserole Recipe (Filling only)(Toppings on next page)

FROM THE KITCHEN OF: Tiffany Dangerfield, wife of Steelers alumni Jordan Dangerfield

INGREDIENTS:

| 4 pounds raw sweet potatoes, diced into large | 2 tablespoons granulated sugar | |
|---|--------------------------------------|--|
| chunks and boiled | 1 teaspoon vanilla extract | |
| 2 large eggs | 1/2 teaspoon salt, or to taste | |
| 1/4 cup unsalted butter, softened | 1/4 teaspoon ground nutmeg, optional | |
| 1/2 cup milk (I used unsweetened cashew milk) | 1/4 teaspoon cinnamon, optional | |

INSTRUCTIONS:

In a large stockpot, add the sweet potato chunks, cover with water, and bring to a boil. Cook over high heat until sweet potatoes are fork tender. Drain well and transfer to a large bowl. Preheat oven to 350F and spray a 2.5 to 3-quart baking dish or a 9×13-inch baking pan with cooking spray; set aside. In a large bowl with sweet potatoes, add the eggs, butter, milk, brown sugar, granulated sugar, vanilla, salt, optional nutmeg, optional cinnamon, and beat with a handheld electric mixer on medium-high speed until combined and fluffy. Put in baking dish, smoothing the top lightly with a spatula; set aside.



RECIPE: Favorite Sweet Potato Casserole Recipe (Topping only)(Filling on previous page)

FROM THE KITCHEN OF: Tiffany Dangerfield, wife of Steelers alumni Jordan Dangerfield

INGREDIENTS:

5 tablespoons unsalted butter, melted

2/3 cup light brown sugar, packed

1/2 cup all-purpose flour

1/4 teaspoon salt, or to taste

1 cup Fisher Pecan Halves

INSTRUCTIONS:

In a large microwave-safe bowl, add the butter & heat on high power to melt, about on minute. Add brown sugar, flour, salt, & toss with a fork or your fingers until moist crumbs form. Add the pecans & toss. Evenly turn topping out over filling. Bake the sweet potato casserole for about 45 minutes (or cover & refrigerate for up to 24 hours if prepping in advance), or until top is lightly golden browned, set on the edges, & mostly set in the center. Baking time varies based on pan used (glass or ceramic baking dishes will bake for longer than metal pans). Start checking at 30 minutes. Serve immediately. Extra will keep for up to one week in the refrigerator.



RECIPE: Rice Dressing or Dirty Rice

FROM THE KITCHEN OF: Pamela Dunbar, wife of defensive line coach Karl Dunbar

INGREDIENTS:

| 1 pound of ground meat | 1 stalk celery - diced | |
|------------------------------|--|--|
| 1 cup rice | 1/4 bell pepper | |
| 1 can cream of mushroom soup | 2 pods of garlic - chopped fine (minced) or garlic | |
| 1 can onion soup | flakes | |
| 1 dash of red pepper | 1/4 cup onion tops (green onions) | |
| 1 dash of salt | 1/4 cup parsley or parsley flakes | |
| | | |

INSTRUCTIONS:

Mix all together

Pour in a 2quart covered dish

Cook at 350 degrees for 1 hour



RECIPE: Strawberry Pretzel Salad

FROM THE KITCHEN OF: Cookie Edmunds, mother of S Terrell Edmunds & RB Trey Edmunds

"This strawberry pretzel salad/dessert is easy to make. It has a combination of a sweet and salty taste to make it irresistible. My mom (Nana) used to make it for me when I was little and now I make it for Mr. Edmunds and the EBOYZ and they love it!"

| PREP TIME: | 20 mins | TOTAL TIME: 30 mins | |
|---|---------|---|--|
| COOK TIME: | 10 mins | RESTING TIME: 2 hours | |
| INGREDIENTS: | | | |
| 12 oz strawberry Jell-O | | 16 oz package cream cheese softened | |
| 2 cups boiling water | | 1 cup granulated sugar | |
| 3 1/2 cups salted pretzels (measured before crushing) | | 8 oz cool whip thawed in the fridge | |
| 1/4 cup granulated sugar | | 1-2 lb fresh strawberries hulled and sliced | |
| 12 Tbsp salted butter | | | |

Page 1 of 2



RECIPE: Strawberry Pretzel Salad

FROM THE KITCHEN OF: Cookie Edmunds, mother of S Terrell Edmunds & RB Trey Edmunds

INSTRUCTIONS:

• Pre-heat oven to 350°F. Combine strawberry Jell-O with 2 cups boiling water and stir until completely

dissolved. Set aside to cool to room temperature.

• Crush 2 1/2 cups pretzels in a sturdy Ziploc bag, using a rolling pin. In a medium saucepan, melt 12 Tbsp butter

then add 1/4 cup sugar and stir. Mix in crushed pretzels. Transfer to a 13 x 9 glass casserole dish, pressing the

pretzel mix evenly over the bottom of the dish & bake 10 min at 350°F, then cool to room temp.

· When pretzels have cooled, use an electric hand mixer to beat 16 oz cream cheese and 1 cup sugar on

med/high speed until fluffy and white. Fold in 8 oz Cool Whip until no streaks of cream cheese remain.

• Spread mixture over cooled pretzels, spreading to edges of the dish to create a tight seal. Refrigerate 30 min.

Hull and slice 1-2 pounds strawberries then stir into your room temperature Jell-O. Pour and spread strawberry

Jell-O mixture evenly over your cooled cream cheese layer and refrigerate until Jell-O is set (2-4 hours).

• For a richer dessert, add more butter, sugar and cream cheese.



RECIPE: Crockpot Macaroni and Cheese

FROM THE KITCHEN OF: Anissa Faulkner, wife of running backs coach Eddie Faulkner

INGREDIENTS:

16 ounces macaroni

16 ounces Monterey Jack cheese, cubed

16 ounces Colby Cheese, cubed

16 ounces Velveeta (cubed)

1 stick unsalted butter, cut into slices

16 ounces milk

Salt & pepper to taste (I use seasoning salt)

(Optional- a little garlic powder)

INSTRUCTIONS:

Spray crockpot (liner) lightly with cooking spray. Layer 1/3 of macaroni in bottom. Layer with 1/3 of the

cheese, butter and salt & pepper. Repeat, ending with the last 1/3 of macaroni on top. Pour milk over the

mixture. Cook on low about 3-4 hours depending on the strength of your crockpot. If you're in a hurry, an hour

on high will be fine. Stir to mix occasionally. Delicious and enjoy!



RECIPE: Overnight Coffee Cake

FROM THE KITCHEN OF: Dianne Freiermuth, mother of tight end Pat Freiermuth

INGREDIENTS:

| 3/4 cup butter, softened | 1 cup sugar | |
|-----------------------------------|-----------------------------------|--|
| 2 eggs | 1 (8 ounce) container sour cream | |
| 2 cups flour | 1 tsp baking powder | |
| 1 tsp baking soda | 1/2 tsp salt | |
| 1 tsp ground nutmeg | 3/4 cup firmly packed brown sugar | |
| 1/2 cup chopped walnut (optional) | 1 tsp ground cinnamon | |

INSTRUCTIONS:

Combine butter and sugar until light and fluffy. Add eggs and sour cream, mixing well.

Combine the next 5 ingredients. Add to batter and mix well.

Pour into a greased 9x13 pan. Combine brown sugar, walnuts, and cinnamon and sprinkle over batter.

Cover with plastic wrap and refrigerate overnight.

In the morning, preheat the oven to 350 degrees.

Uncover and bake for 35-40 minutes.



RECIPE: "Uncle Jack's" Stuffing

FROM THE KITCHEN OF: Dianne Freiermuth, mother of tight end Pat Freiermuth

INGREDIENTS:

1 small onion chopped

4 cups chicken broth

1 lb ground beef

1 bag cornbread stuffing

1 lb ground breakfast sausage

Salt and pepper to taste

4 medium potatoes mashed

INSTRUCTIONS:

In a large skillet over medium heat, lightly cook the onions.

Add ground beef and sausage and cook until browned. Add salt and pepper to taste.

Combine mashed potatoes, broth and stuffing in a large pot.

Add meat mixture to the pot with a slotted spoon to drain off excess liquid.

Stir well.

Stuff turkey. Put extra stuffing in a baking dish. Cook at 350 degrees for 1 hour.



RECIPE: Cheesy Potatoes

FROM THE KITCHEN OF: M

Makaela Hassenauer, wife of offensive lineman J.C. Hassenauer

INGREDIENTS:

2 lb. pkg frozen hash browns

2 cans cream of chicken soup

3/4 pint of top the tator

3/4 pint of sour cream

1/2 C chopped yellow or white onion

1/4 C melted butter

2 tsp chopped green onions

1 tsp salt

1/4 tsp cracked pepper

10 oz grated sharp cheddar cheese

1 C crushed cornflakes

INSTRUCTIONS:

Partially thaw potatoes. Mix in all ingredients besides cornflakes. Place in 9x13 pan and sprinkle cornflakes

on top. Bake at 350 degrees for 35-40 minutes. Serves 12-15.



RECIPE: Collard Greens

FROM THE KITCHEN OF: Char Heyward, mother of defensive end Cameron Heyward

INGREDIENTS:

1⁄4 cup Olive Oil

2 tbsp minced garlic

1 medium onion, chopped

6 cups chicken stock (homemade is best)

1 packet of Sazon Goya

2 tbsp apple cider vinegar (Taste after using 1 tbsp. I

like 2, but 1 may work for you).

1 tbsp crushed red pepper flakes (optional)

2 smoked turkey drumsticks

6 bunches collard greens (rinsed several times,

stems removed & chopped)

INSTRUCTIONS:

1: Heat olive oil in large pot over medium heat. Add garlic, gently saute, and add onions until garlic is light brown and onions

soften. Add chicken stock and turkey legs. Cover pot and let simmer for about 30 minutes.

2: Add the collard greens to the pot and turn the heat to medium-high. Let the greens cook for 1 hour, stirring occasionally.

3: Reduce heat to medium. Add packet of Sazon Goya and apple cider vinegar. Add red pepper flakes if you like spice. Cover pot

and continue to cook for another $1-1\frac{1}{2}$ hours. Greens should be tender.

4: Drain greens, save some of the liquid for reheating the greens later in the week. Greens taste better as leftovers!



RECIPE: Broccoli Salad

FROM THE KITCHEN OF: Pam Highsmith, mother of linebacker Alex Highsmith

INGREDIENTS:

2 bunches or 4 crowns of broccoli (cut in small

pieces)

1 small red onion chopped

2 cups finely shredded mild cheddar cheese

Whole pack of bacon fried crisp

| n., | | |
|-------------|-----|-------------|
| 116 | | nn - |
| D 11 | 500 | ng: |

1 cup mayonnaise

1⁄4 cup sugar or to taste

2 Tbsp. vinegar

INSTRUCTIONS:

Mix all together. Chill. Add bacon before serving.



RECIPE: Baked Macaroni and Cheese

FROM THE KITCHEN OF: Sam Highsmith, father of linebacker Alex Highsmith

INGREDIENTS:

2 cups uncooked elbow macaroni pasta 2 tsp salt 2 cups shredded mild or medium cheddar cheese 2 cups shredded Colby jack cheese 4 cups shredded sharp cheddar cheese 214 oz cans evaporated milk

2 cups half & half

3 eggs

1/2 tsp ground black pepper

INSTRUCTIONS:

Pour 6 cups of water in a pot along with 2 tsps of salt. Bring the water to a boil, then add the pasta and cook until it's al dente (cooked, but firm). Drain the pasta, and rinse under cool water. Set it to the side. In a large mixing bowl beat all three eggs until frothy. Next add in the evaporated milk. Mix well. Add all of the cheeses, except 1 cup of sharp cheddar, and 1/2 cup Colby jack cheese. Next add in the pasta, then the salt, and black pepper. Fold in. Spray your bake dish with non-stick spray, then pour the macaroni into the dish. Sprinkle the remaining cheese on top of the macaroni. Bake uncovered on 350 F for 40 minutes. Let the macaroni and cheese sit for 5-10 minutes before serving.



RECIPE: Crème de Vie

FROM THE KITCHEN OF: Luly Hilliard, wife of receivers coach lke Hilliard

INGREDIENTS:

| 2 cups sugar | 6 egg yolks |
|------------------------------|----------------------------------|
| 1 cup water | $1\frac{1}{2}$ cups of white rum |
| 12 oz Can of evaporated milk | 1 tsp vanilla extract |
| 14 oz Can of condensed milk | Cinnamon sticks |

INSTRUCTIONS:

 Bring sugar, water and 2 sticks of cinnamon to boil until sugar dissolves and the mixture turns to a light syrup. Set aside to slightly cool. 2. In a large bowl, separate the egg yolk and whisk. 3. Add the evaporated and condensed milk to the egg yolk and whisk. 4. Strain the mixture twice using a large strainer and a clean bowl. 5. Slowly combine the mixture and slightly cooled syrup in a blender and blend for 30 seconds to ensure smoothness. Using the syrup while it's still warm ensures any concerns with the raw eggs. However, you can heat the completed mixture over low heat before adding to the blender if you wish.
6. Slowly add the vanilla extract and rum to the blender 7. Pour into bottles and let sit for an hour 8. Cool in refrigerator. For best texture, let sit in refrigerator for several weeks before drinking or gifting. 9. Serve in small glass and enjoy.



RECIPE: Candied Sweet Potatoes

FROM THE KITCHEN OF: Kailah Killebrew, wife of safety Miles Killebrew

INGREDIENTS:

3 lbs fresh sweet potatoes (peeled & cut into 1 inch
thick slices)1 cup light corn syrup1 thick slices)1 teaspoon ground cinnamon1 stick unsalted butter1/4 teaspoon freshly grated nutmeg11/2 cups brown sugar1/2-3/4 bag of mini marshmallows

INSTRUCTIONS:

1: To make the brown sugar syrup you will. Put butter, brown sugar, corn syrup, ground cinnamon, and grated

nutmeg into a medium saucepan. Heat all content to boil, and continue to stir occasionally. After the syrup

starts to boil cook for 21/2 minutes- Remove from the heat and set aside for later.

2: take half of the peeled and sliced sweet potatoes into the bottom of crock pot, and then take the syrup you

set aside and pour over the sliced sweet potatoes.

3: place the remaining sliced sweet potatoes in the crock pot, and pour remaining syrup over the newly

placed sweet potatoes.

Page 1 of 2



RECIPE: Candied Sweet Potatoes

FROM THE KITCHEN OF: Kailah Killebrew, wife of safety Miles Killebrew

INSTRUCTIONS:

4: Place the lid on the crock pot and cook on high until tender. Approx. 2-3 hours

5: Once the sweet potatoes are ready and soft uncover the crock pot and Spread the mini marshmallows over

the top of the cooked sweet potato. Replace the lid and turn the crock pot on the warm setting.

6: once marshmallows are melted, sprinkle ground cinnamon, and serve!



RECIPE: Martin Family Pound Cake

FROM THE KITCHEN OF: Annastasia Martin, wife of assistant outside linebackers coach Denzel Martin

INGREDIENTS:

| 3 1/2 sticks of butter, softened | 3 cups all-purpose flour | |
|----------------------------------|---|--|
| 3 cups sugar | 1 cup sprite or 7up | |
| 5 eggs, room temperature | Icing (optional): 1 cup powdered sugar | |
| 2 tsp vanilla extract | 1/4 cup milk or half and half(more or less) | |
| 2 tsp lemon extract | 1 tsp vanilla | |

INSTRUCTIONS:

Preheat oven to 325 degrees. Cream butter for 10 minutes Add sugar, 1 cup at a time, mixing together after each. Add eggs, 1 at a time, mixing after each addition. Add vanilla and lemon extracts and mix together Add flour, 1 cup at a time, mixing after each cup. Add 1 cup of sprite or 7up, then mix together until combined. Scrape sides of bowl, then mix again. Pour into a greased Bundt pan and bake for 1 hour to 1 hour 10 minutes (maybe more) until the cake is set and tooth pick comes out clean. Remove cake from oven and invert pan until cake drops out. Ice cake while warm.



RECIPE: Broccoli Cheese Casserole shared by Kendi McDonald and Vance's mom, Beverly McDonald

FROM THE KITCHEN OF: Kendi McDonald, wife of Steelers alumni Vance McDonald

INGREDIENTS:

1 bundle fresh broccoli

2 cups Ritz crackers (crushed)

8 oz Velveeta cheese (cubed)

3 oz cream cheese (softened)

1/2 cup milk

1/2 stick margarine (melted)

INSTRUCTIONS:

Cook broccoli. Melt Velveeta and cream cheese in a bowl in the microwave. Blend in milk.

Place half of cracker crumbs in bottom of lightly greased 8x8 casserole dish. Cover with broccoli.

Pour melted butter over broccoli.

Pour cheese mixture over broccoli.

Cover with the remainder of the cracker crumbs.

Bake at 350 degrees for 30 minutes.



RECIPE: Loaded Mashed Potato Casserole shared by Kendi McDonald and Vance's mom, Beverly McDonald

FROM THE KITCHEN OF: Kendi McDonald, wife of Steelers alumni Vance McDonald

INGREDIENTS:

 $5\frac{1}{2}$ cups mashed potatoes (~4 lbs uncooked)

1⁄2 cup milk

8 oz cream cheese (softened)

1 cup sour cream

2 teaspoons parsley flakes

1 teaspoon garlic salt 1⁄2 teaspoon nutmeg

³⁄₄ cup shredded cheddar cheese

 $\frac{1}{2}$ cup real bacon bits

INSTRUCTIONS:

Preheat oven to 350 degrees.

Place all ingredients except cheese and bacon in a large bowl. Beat with electric mixer on medium-high

speed until potatoes are smooth and creamy.

Spoon mixture into lightly greased 9x13-inch casserole dish. Sprinkle with cheese and bacon.

Cover and bake for 30 minutes or until heated through.



RECIPE: Warm & Creamy Bacon Dip shared by Kendi McDonald and Vance's mom, Beverly McDonald

FROM THE KITCHEN OF: Kendi McDonald, wife of Steelers alumni Vance McDonald

INGREDIENTS:

8 oz cream cheese (softened)

2 cups sour cream

3 oz. bacon bits

2 cups cheddar cheese

1 cup chopped green onions

INSTRUCTIONS:

Bring cream cheese to room temperature. Preheat oven to 400 degrees.

In a bowl, combine all ingredients. Place in greased 1-quart baking dish.

Cover dish and heat for 25-30 minutes or until hot.

Serve with sliced French bread, crackers or chips.

Makes 3 cups.



RECIPE: Always Moist Pound Cake shared by Kendi McDonald and Vance's mom, Beverly McDonald **FROM THE KITCHEN OF:** Kendi McDonald, wife of Steelers alumni Vance McDonald

INGREDIENTS:

| 1 box butter cake mix | 1⁄2 cup sugar |
|-----------------------------------|--------------------|
| 4 eggs | 8 oz. sour cream |
| ³ ⁄4 cup vegetable oil | 1 teaspoon vanilla |
| | |
| | |

INSTRUCTIONS:

Preheat oven to 350 degrees.

Combine cake mix, oil, sour cream and sugar. Add eggs one at a time until thoroughly mixed. Stir in vanilla.

Spray or grease a Bundt pan and sugar coat the inside of pan. Pour batter into pan and bake for 45 minutes or

until cake is done.



RECIPE: Cherry Layered Delight shared by Vance McDonald

FROM THE KITCHEN OF: Kendi McDonald, wife of Steelers alumni Vance McDonald

INGREDIENTS:

14 whole graham crackers

1 large package vanilla instant pudding

2 cups cold milk

1 cup thawed Cool Whip

1 can cherry pie filling

INSTRUCTIONS:

Line a 9-inch square pan with crackers.

Prepare pudding with milk and let stand for 5 minutes. Blend in Cool Whip.

Spread half of pudding mixture over crackers. Add another layer of crackers.

Spread rest of pudding mixture over crackers. Spread pie filling over crackers and chill for 2 hours.



RECIPE: Banana Pudding shared by Kendi McDonald and Vance's mom, Beverly McDonald

FROM THE KITCHEN OF: Kendi McDonald, wife of Steelers alumni Vance McDonald

INGREDIENTS:

14 whole graham crackers

1 large package vanilla instant pudding

2 cups cold milk

1 cup thawed Cool Whip

1 can cherry pie filling

INSTRUCTIONS:

Line a 9-inch square pan with crackers.

Prepare pudding with milk and let stand for 5 minutes. Blend in Cool Whip.

Spread half of pudding mixture over crackers. Add another layer of crackers.

Spread rest of pudding mixture over crackers. Spread pie filling over crackers and chill for 2 hours.



RECIPE: Buttermilk Pie

FROM THE KITCHEN OF: Holly Morgan, wife of assistant offensive line coach Dan Morgan

INGREDIENTS:

| 1⁄2 C. (1 stick) Butter, softened | 1 ½ t. Vanilla | |
|-----------------------------------|---|--|
| 2 C. Sugar | Dash of nutmeg | |
| 3 T. Flour | 9 inch pie crust (homemade or store bought) | |
| 3 Eggs, beaten | | |
| 1 C. Buttermilk | | |

INSTRUCTIONS:

Preheat oven to 350 degrees. In a bowl, beat the softened butter and sugar until well mixed. Add the flour and

eggs and beat until creamy. Add buttermilk and vanilla and mix. Pour into the pie crust and sprinkle top with

nutmeg.

Bake for 50-60 minutes or until the top is browned and the center is set. Chill for 3-4 hours before serving.



RECIPE: Wassail

FROM THE KITCHEN OF: Holly Morgan, wife of assistant offensive line coach Dan Morgan

INGREDIENTS:

64 oz. Cranberry juice cocktail

1 large can Pineapple juice

1.2 C. Water

1 C. Brown Sugar

3 T. Whole Cloves

3 Cinnamon Sticks

Optional garnish: cinnamon stick or orange slices

INSTRUCTIONS:

In a large percolator (yes, the old school church percolator) pour in the cranberry and pineapple juice. Take

the $\frac{1}{2}$ cup water and rinse out the pineapple juice can. Pour the water into the percolator. Place the basket

into the percolator and add to it the brown sugar, whole cloves and cinnamon sticks. Place the top on and

percolate. Serve hot.



RECIPE: Mini Pumpkin Pies

FROM THE KITCHEN OF: Dani Rhodes, fiancée of linebacker T.J. Watt

INGREDIENTS:

3/4 cup granulated sugar

1 teaspoon ground cinnamon

1/2 teaspoon salt

1/2 teaspoon ground ginger

1/4 teaspoon ground cloves

2 large eggs

1 can (15 ounces) Pure Pumpkin

1 can (12 fluid ounces) Evaporated Milk

2 unbaked, 9-inch pie crusts (store-bought or

homemade crust)

Optional: Cool Whip or Whip Cream

Need: 2 regular, 12-count muffin pans

INSTRUCTIONS:

Preheat oven to 425° F. Mix dry ingredients: sugar, cinnamon, salt, ginger and cloves in small bowl. Beat eggs in large bowl. Stir in pumpkin and sugar-spice mixture. Gradually stir in evaporated milk. Mix in dry ingredients. Set aside. Roll out pie dough on lightly floured surface. Cut out 24, 3-4 inch round pieces. Press each piece into the wells of the muffin tins. When finished, fill each individual mini pie crust 3/4 full with pie mixture. (I recommend using 1/3 measuring cup to fill/pour pie mixture into each individual pie cup) Bake in preheated oven of 425° F for 15 minutes. Reduce temperature to 350° F; bake for about 30 minutes or until crust is golden brown and knife inserted in the center of pies come out clean. Remove from oven and cool for 2 hours. Serve immediately or refrigerate.



RECIPE: Cornish hens & cornbread giblet dressing for 8

FROM THE KITCHEN OF:

Angel Roberts, wife of tight ends coach Alfredo Roberts

INGREDIENTS:

4 Tyson Cornish Game hens

1 package of chicken giblets (boiled, seasoned & finely chopped)

4 boxes of Jiffy cornbread mix

1 qt of chicken stock as needed for moisture

1 yellow onion chopped

1 small green bell pepper chopped

3 celery stalks trimmed & chopped

5-6 garlic cloves minced

1-2 eggs raw to mix in dressing before cooking

All seasoning to taste:

Poultry Seasoning (to taste)

Lawry's season salt (to taste)

garlic salt, garlic power, onion powder

INSTRUCTIONS:

Wash Game Hens and season with olive oil, season salt, pepper,garlic salt and powder set aside

Combine all boxes of jiffy cornread and follow box ingredients when done crumble cornbread into a bowl mix

in the following: cooked giblets, eggs, onion, garlic, celery,green pepper. Stir in the chicken stock for

moisture and use // add ALL dry seasoning to taste. ** Mixture should not be runny but moist ** (next page)

Page 1 of 2



RECIPE: Cornish hens & cornbread giblet dressing for 8

FROM THE KITCHEN OF: Angel Roberts, wife of tight ends coach Alfredo Roberts

INSTRUCTIONS (CONTINUED):

Take your cornish hens and stuff each with the dressing and place in a 2 x 2 fashion in the baking pan.

Add the rest of the dressing to the pan surrounding all of the hens equally.

Bake covered for 45 min. a 350 degrees and uncovered for aproximately 20-25 min same temperature.

You want the cornish hens to brown and the dressing to dry out a little more. sometimes I broil for 5-8 min on

high to help hens brown fast so I won't dry out the dressing.

Take out of oven and serve!



| RECIPE: | Sweet | Peach | Cobbler |
|----------------|--------|-------|---------|
| | 011001 | | CONDICI |

FROM THE KITCHEN OF: Angel Roberts, wife of tight ends coach Alfredo Roberts

INGREDIENTS:

| 4 large cans of sliced peaches | 1/4 cup flour |
|--------------------------------|---------------|
| 2 cups of sugar | |
| 4 Pillsbury pie crust | |
| 1egg | |
| 1-2 tsp of vanilla | |

INSTRUCTIONS:

Open pie crust and roll out to thin out slightly. Place two of the rolled crust to line the bottom and sides in a square baking dish. Open peach cans and drain into a measuring cup. Pour peaches into a bowl and add sugar, vanilla, and flour. Pour peach mixture into crust pan & distribute evenly. Cover the top with the two remaining pie crust and pinch the sides around the pan. Mix the egg in a small bowl and brush the top of the cobbler slightly. **** Bake uncovered on 350 for 45 minutes or until brown****



RECIPE: Sweet Potato Casserole

FROM THE KITCHEN OF: Ashley Roethlisberger, wife of quarterback Ben Roethlisberger

INGREDIENTS:

| Potato Mixture: 8 large sweet potatoes | Crumble Topping: |
|--|-----------------------------|
| 12 tablespoons butter | 2 Tablespoons melted butter |
| 2 cups brown sugar | 11/2 cup flour |
| 1 cup half and half | 1 cup brown sugar |
| 1 teaspoon cinnamon | 3/4 cup quick oats |
| 1 bag mini marshmallows (about 4-5 cups) | 3/4 tsp cinnamon |

INSTRUCTIONS:

Preheat oven 400. Line a baking sheet with foil and place washed sweet potatoes on prepared pan. Bake for one hour. Remove

skins from potatoes (I use a knife to slice open the skin on top and then spoon out the insides directly into my mixing bowl).

Beat potatoes and add the butter, brown sugar, half and half, and cinnamon until well blended.

Preheat oven to 350. Pour potato mixture into a 9x13 casserole dish and sprinkle mini marshmallows evenly on top to fully

cover the potato mixture.

In a small bowl, combine melted butter, flour, brown sugar, quick oats, cinnamon. Mix together with a fork until crumbly and

sprinkle over top marshmallows. Bake for 30-35 minutes.



RECIPE: Pumpkin/Hubbard Squash Pie

FROM THE KITCHEN OF: Brenda Roethlisberger, mother of quarterback Ben Roethlisberger

MIX INGREDIENTS & INSTRUCTIONS:

| 1 and ³ ⁄4 cup of the squash mixture | 1 egg, slightly beaten |
|---|---|
| ½ tsp. Salt | 2/3 to ³ ⁄4 Cup water, as needed |
| 1 tsp. cinnamon | Blend all together and pour into pie crust. |
| 1⁄4 tsp. cloves | Bake at 375 degrees for 50-55 minutes. |
| ½ tsp. Ginger | |
| 1 can sweetened condensed milk | |

INSTRUCTIONS:

Select a medium size Hubbard Squash, scrape the inside seeds and discard, split the remaining squash into

4 equal pieces and bake skin side up in an oven at 350 degrees for 1 hour. After the squash has cooled a little,

scrape the inside meat off and put in a blender, mix until smooth texture. Bake a frozen pie crust for about 10

minutes in a 400-degree oven, browning just a little.

Top it off with lots of Cool Whip and enjoy.



RECIPE: Twenty-four hour salad – serves 25

FROM THE KITCHEN OF: Greta Rooney, wife of Steelers President Art Rooney II

INGREDIENTS:

6 beaten egg yokes

4 tablespoons sugar

4 tablespoons vinegar or lemon

4 tablespoons pineapple syrup (from drained

pineapples)

2 tablespoons butter

4 cups drained White Pitted Queen Ann Cherries

4 cups drained canned pineapple chunks

4 cups tiny marshmallows

2 cups whipping cream, whipped

INSTRUCTIONS:

Combine first group of ingredients in a saucepan. Cook stirring constantly until thick. Do Not Burn.

Cool.

Stir in fruits and marshmallows. Fold in whipped cream.

Spoon gently into serving bowl.

Chill 24-hours.


| FROM THE KITCHEN OF: | Greta Rooney, wife of Steelers President Art Rooney I | | |
|--|---|-------------|--|
| To serve 6-8 4 cups shredded cabbage | INGREDIE | | To serve 40-50 cabbage shredded or 40 cups |
| 1 cup Hellmann's mayonnaise | | 8 cups Hell | mann's mayonnaise or two quarts |
| 4 tsp. white vinegar | | 1½ cups v | vhite vinegar |
| 1/2 tsp. sugar (optional or to taste) | | 4 teaspoon | s sugar (optional or to taste) |
| 1 tsp dry mustard | | 8 teaspoon | s dry mustard |
| salt and pepper | | salt and pe | pper |

INSTRUCTIONS:

Mix dressing; salt and pepper cabbage

When ready to serve stir dressing into cabbage



RECIPE: Mom's Pumpkin Chiffon Pie

FROM THE KITCHEN OF: Greta Rooney, wife of Steelers President Art Rooney II

INGREDIENTS:

| 3 egg yokes – reserve whites | 3 egg whites beaten stiff |
|------------------------------|---------------------------|
| ½ cup sugar | 1⁄2 cup sugar |
| 1 1⁄4 cups canned pumpkin | ۵. 74 |
| ½ cup milk | 1 baked pie shell |
| ½ tsp salt | |
| ½ tsp ginger | |
| ½ tsp cinnamon | |
| ½ tsp nutmeg | |
| 1 tbl (package) Knox Gelatin | |
| 1⁄4 cup cold water | |
| | |

Page 1 of 2



RECIPE: Mom's Pumpkin Chiffon Pie

FROM THE KITCHEN OF: Greta Rooney, wife of Steelers President Art Rooney II

INSTRUCTIONS:

Beat egg yokes. Add $\frac{1}{2}$ cup sugar and beat

Add pumpkin, milk, salt and spices

Cook in double-boiler until thick

Dissolve gelatin in cold water

Add small amount of warm pumpkin mix to gelatin, add into the pumpkin mixture

Cool in refrigerator

Beat egg whites until stiff

Beat in remaining $1/_2$ cup sugar

Fold into cold pumpkin mix

Put into pie shell and chill well

Page 2 of 2



RECIPE: Green Bean Casserole (French Fried Onions only)

FROM THE KITCHEN OF: Megan Schobert, wife of linebacker Joe Schobert

INGREDIENTS:

2 large onions

Kosher salt

1 cup buttermilk

1 cup all-purpose flour (as needed to coat onions)

Vegetable oil (enough to fry onions in a cast iron)

INSTRUCTIONS:

1. Cut 2 large onions in half and slice them very thinly. Place in a bowl and add 1 cup of buttermilk, covering

the onions. Let sit for 15 minutes.

2. Drain onions and toss them in all-purpose flour to coat. Once coated, shake off excess flour.

3. Heat up vegetable oil in a cast iron skillet to 300°F. Add onions and cook for 7-9 minutes or until golden

brown.

4. Remove and place on a plate lined with paper towels. Season with salt. Set aside.

Page 1 of 3



RECIPE: Green Bean Casserole (Cream of Mushroom only)

FROM THE KITCHEN OF: Megan Schobert, wife of linebacker Joe Schobert

INGREDIENTS:

| 8 ounces Cremini mushrooms (stemmed & sliced) | 1 Tbsp cognac (to deglaze the pan) |
|---|------------------------------------|
| 3 Tbsp butter | 1½ cups chicken stock |
| 1 heaping Tbsp flour | 1 cup heavy cream |
| 2 cloves crushed garlic | Dash of soy sauce |

INSTRUCTIONS:

Dice mushrooms into tiny pieces. 2. In a high walled sauté pan, add 3 Tbsp of butter along with your sliced mushrooms and a pinch of salt. 3. Once the moisture has evaporated out of the mushrooms, add 1 heaping
Tbsp of flour. Mix to combine for 1 minute. 4. Add 2 cloves of crushed garlic and cook for about 30 seconds
before adding 1 Tbsp of cognac to deglaze. 5. Once all the alcohol has cooked out, add 1 ½ cups of chicken
stock and 1 cup of heavy cream. Mix to combine and bring to a simmer before adding a dash of soy sauce.
6. Cook until dark, thick, and rich.



RECIPE: Green Bean Casserole (Assembly)

FROM THE KITCHEN OF: Megan Schobert, wife of linebacker Joe Schobert

INGREDIENTS (CASSEROLE): INSTRUCTIONS (GREEN BEANS):

French Fried Onions

Cream of Mushroom

Green Beans

1. Cut the stems off your green beans and then slice into 1 inch pieces.

2. Par-boil for about 2 minutes until bright green & then add to an ice bath.

3. After mixing them around to cool, drain the water.

INSTRUCTIONS:

1. Combine green beans, cream of mushroom soup & 1/2 of the French fried onions. Stir to combine.

2. Butter a casserole dish and add mixture. 3. Cover and bake at 350°F for 15-20 minutes or until bubbly.

4. Remove from the oven, uncover, add the rest of the French fried onions and cook uncovered for an

additional 5-10 minutes or until browned and bubbly.

Page 3 of 3



RECIPE: Sweet Potato Casserole

FROM THE KITCHEN OF: Elaine Smith, wife of special teams coordinator Danny Smith

INGREDIENTS:

1 large can of yams (40 ounces)

2 eggs beaten

1 cup evaporated milk

3/4 stick of butter, melted

Dash of cinnamon, nutmeg and salt

11/2 tablespoons sugar

INSTRUCTIONS:

Drain yams (potatoes) and mash.

Add the rest of the ingredients to the yams (potatoes)

Pour into an 8 x 11 buttered baking dish.

Bake at 400 degrees F for 30 to 40 minutes or until center is firm.

Note: If smaller baking dish is used just bake until center is firm.



RECIPE: Sweet Potato Casserole (Topping Only)

FROM THE KITCHEN OF: Elaine Smith, wife of special teams coordinator Danny Smith

INGREDIENTS:

1 cup crushed cornflakes

1/2 cup brown sugar

1/2 cup chopped pecans

3/4 stick butter, melted

INSTRUCTIONS:

Mix together and sprinkle on top of baked casserole.

Return to oven for another 10 minutes.



RECIPE: Slow Cooker Stuffing - Serves 8 – 10

FROM THE KITCHEN OF: Kiya Tomlin, wife of Head Coach Mike Tomlin

| PREP TIME: | 30 mins | |
|------------|---------|--|
| COOK TIME: | 4 hours | |

INGREDIENTS:

| O tablean and fresh flat lost nerelay, shanned |
|---|
| 2 tablespoons fresh flat leaf parsley, chopped |
| 1 large golden delicious apple, cored and diced |
| 3/4 cup dried cranberries |
| 2 cups of turkey or chicken stock |
| 6 cups of dry unseasoned bread cubes |
| 4 tablespoons of melted butter |
| |

Page 1 of 2



RECIPE: Slow Cooker Stuffing - Serves 8 – 10

FROM THE KITCHEN OF: Kiya Tomlin, wife of Head Coach Mike Tomlin

INSTRUCTIONS:

Sauté onions and celery in olive oil over medium heat, until they start to soften.

Add sausage, breaking up as it cooks.

Season sausage with 1 teaspoon of salt and freshly ground pepper to taste.

Once sausage is cooked through, stir in fresh herbs.

Stir in apples and cranberries.

In a large slow cooker, combine breadcrumbs and sausage mixture.

Stir in turkey stock and add melted butter.

Cook on low for about 4 hours.

Sprinkle with additional fresh parsley.



RECIPE: Herb Roasted (Brined) Turkey – 18-20 pounds

FROM THE KITCHEN OF: Kiya Tomlin, wife of Head Coach Mike Tomlin

INGREDIENTS:

| 1½ cups kosher salt | 1⁄2 cup olive oil |
|-----------------------------------|---------------------------------------|
| ½ cup sugar | 2 Tbsp. fresh chopped thyme |
| 1 Tbsp. cayenne pepper | 2 Tbsp. finely chopped fresh rosemary |
| 2 tbs. dried thyme | Salt and white pepper to taste |
| 2 tsp. ground allspice | |
| 1 tsp. ground cloves | |
| 1 tsp. ground ginger | |
| 1 tsp. coarse ground white pepper | |
| 3 bay leaves | |
| 4 Tbsp. unsalted butter, softened | |

Page 1 of 2



RECIPE: Herb Roasted (Brined) Turkey – 18-20 pounds

FROM THE KITCHEN OF: Kiya Tomlin, wife of Head Coach Mike Tomlin

INSTRUCTIONS:

Wednesday: Combine salt, sugar, cayenne, dried thyme, allspice, cloves, ginger, white pepper, bay leaves in stockpot. Fill ½ way with water and bring to boil. Cool to room temperature. Remove giblets and neck, then rinse turkey well. Place in cooled spice mixture, breast side down. Refrigerate overnight (up to 24 hours). Thursday: Heat oven to 500 degrees. Remove bird from brine, wipe dry. Bring to room temp. Combine butter, olive oil, fresh thyme, rosemary, mixing well. Season turkey generously inside and out with salt and pepper. Loosely pack sage stuffing into neck and body cavities.

Set turkey on rack in roasting pan. Rub seasoned butter lavishly over breast and legs.

Roast 20 minutes, then reduce heat to 350 and continue to roast, basting every 1/2 hour until temp reaches

175 degrees or until juices run clear (around 3 hours).

Remove from oven, spoon stuffing into oven-proof bowl and let rest for 30 minutes before carving.



RECIPE: Pan Gravy

FROM THE KITCHEN OF: Kiya Tomlin, wife of Head Coach Mike Tomlin

INGREDIENTS:

3 – 4 cups pan drippings and turkey/chicken broth

1/2 cup all-purpose flour

1 cup water

Cooked chopped turkey giblets

Salt and pepper to taste

INSTRUCTIONS:

Using drippings from roasting pan, skim off all but 4 tablespoons of fat in pan. Place pan over high heat.

Add broth and bring to a boil, scraping bottom to loosen brown bits. Reduce heat.

Mix flour and water together. Whisk into gravy. Blend well. Add giblets and simmer 5 minutes.

Season with salt and pepper to taste.



RECIPE: Cream Cheese Pound Cake

FROM THE KITCHEN OF: Chrysta Washington, mother of wide receiver James Washington

INGREDIENTS:

1 Cup Margarine, softened

1/2 Cup Butter, softened

8 oz. Cream Cheese, softened

3 Cups Sugar

6 Large Eggs

3 Cups Cake Flour, sifted

2 tsp. Vanilla

INSTRUCTIONS:

Cream margarine, butter, and cream cheese until fluffy. Gradually add sugar, beating until light and fluffy.

Add eggs one at a time, beating well after each addition.

Add flour to creamed mixture and stir until combined.

Stir in vanilla.

Pour into well-greased bundt cake pan and bake at 325 degrees for 1 hour and 30 minutes.

Let cool for 10 minutes before removing from pan.

Notes: Don't preheat oven. Can add lemon or almond flavoring, if desired.



RECIPE: One Pan Bacon/Garlic Green Beans

FROM THE KITCHEN OF: Julia Washington, wife of wide receiver James Washington

INGREDIENTS:

Bacon

Fresh Green Beans

Minced Garlic

Desired Seasonings (salt, pepper, etc.)

INSTRUCTIONS:

In a large skillet, cook chopped bacon until golden brown and crisp. Remove bacon, leaving the grease in the skillet. While bacon cooks, rinse green beans in a colander but do not completely dry. Add green beans to the skillet after removing the bacon and toss to coat in grease/fat. Cover pan and let cook until charred but not limp (approx. 5-6 minutes), stirring every couple minutes. Toss garlic with green beans in the skillet until golden and very fragrant. Add bacon back to the skillet and toss. Season to taste with salt, pepper, etc. You can also cook separately and add small to medium size cubes of potatoes (baked or cooked in a skillet) to this dish.



RECIPE: Nan's Mac & Cheese

FROM THE KITCHEN OF: Julia Washington, wife of wide receiver James Washington

INGREDIENTS:

Pasta Shells (medium size shells, box or bag)

Milk (2% or whole)

Velveeta (I typically use an entire 32 oz. block)

Seasonings to taste (salt, pepper, paprika, etc.)

INSTRUCTIONS:

Bring pasta to boil as applicable and drain all but about a quarter of the water. Cut Velveeta into small to

medium size blocks and add to pasta to melt. Add as much or as little milk as necessary to reach desired

thickness of sauce. Add seasonings to taste.



RECIPE: Mom's French Silk Pie

FROM THE KITCHEN OF: Julia Washington, wife of wide receiver James Washington

INGREDIENTS:

| 1 Stick Butter, softened at room temperature | 1 Hershey Bar, melted |
|--|--|
| 3/4 Cup Sugar | 1 Square Baker's Unsweetened Chocolate, melted |
| 2 Eggs | 1 Pie Crust |
| 11/2 TSP Vanilla | Cool Whip |

INSTRUCTIONS:

With a mixer, combine softened butter and sugar until creamy. Add eggs, one at a time.

Add vanilla, mixing well. Add melted chocolate and mix well.

Pour into pie crust and let chill in fridge for 2 hours.

Top with Cool Whip.

You can also top with other shaved candies (Hershey's, Heath Bar, Peppermint, etc.), or chocolate chips, if

wanted!



RECIPE: Chocolate Éclair Cake

FROM THE KITCHEN OF:

Connie Watt, mother of linebacker T.J. Watt & fullback Derek Watt

INGREDIENTS:

2 small boxes French vanilla pudding

3 cups milk (I use skim)

18 oz. cool whip (I use fat free)

1 box of graham crackers

Frosting: 4 oz. Baker's Chocolate

6 T. soft not melted margarine/butter

2 T. white karo syrup

4 T. milk (can use skim)

4 tsp. vanilla

2 c. powdered sugar

INSTRUCTIONS:

Spray 9 x 13 with cooking spray. Line bottom of pan with graham crackers. Carefully trim to fit. It's best to use a pan with square not rounded corners to avoid more cutting of the graham crackers. Mix pudding & milk. Let stand for a few minutes. Fold in the cool whip, do not whip with beaters. Pour half that mixture over graham crackers then cover the pudding layer with another layer of graham crackers. Pour remaining pudding mixture over layer of crackers & cover with a third layer of graham crackers. Melt Bakers chocolate in microwave stirring occasionally. Mix in soft margarine or butter, karo syrup vanilla & add milk slowly. Then mix in 2 c. powdered sugar and frost. Refrigerate 24 hours for best results and serve! If served too soon, graham crackers will not have had time to soften making it difficult to cut and not as delicious.



RECIPE: Firehouse Baked Beans – Waukesha Fire Dept.

FROM THE KITCHEN OF: Connie Watt, mother of linebacker T.J. Watt & fullback Derek Watt

INGREDIENTS:

1 pound of ground beef/chuck

56 oz. can or 2 28 oz. cans original baked beans

1 pound cooked & crumbled bacon

 $\frac{1}{2}$ to $\frac{3}{4}$ pound of ham cubed like for an omelet

(can usually buy in store already cubed)

2 Tbs. minced onion

1 Tbs. chili powder

1/4 cup ketchup

1/4 cup brown sugar

1T molasses

INSTRUCTIONS:

Cook the bacon then remove from grease and brown up the ham chunks in same grease.

Remove ham and cook the ground beef/chuck in bacon grease.

Put everything in crock pot until warm and enjoy!



RECIPE: Garlic Parmesan Mashed Potatoes

FROM THE KITCHEN OF: Gabriella Watt, wife of fullback Derek Watt

INGREDIENTS:

| 5 pounds of potatoes, peeled and halved | Few sprigs of herbs (thyme, parsley, basil, rosemary) |
|---|---|
| 4 teaspoons of salt, divided | 1 cup of sour cream |
| 2 sticks of butter (1 cup) | 1/4 cup of grated parmesan cheese |
| 4 cloves of garlic | 1/2 cup of milk |
| | |

INSTRUCTIONS:

1. Add potatoes to pot of water with 2 teaspoons of salt. Boil until tender enough to puncture with a fork.

2. Melt your butter in a large skillet. Add the garlic and herbs, and let it gently cook for 10-15 mins.

Strain herbs and garlic from butter. Reserve the flavored butter.

3. Mash the potatoes. Add the flavored butter, sour cream, parmesan cheese, and 2 teaspoons of salt.

Stir to combine. Add more salt for taste, if necessary.



RECIPE: Waldorf Salad

FROM THE KITCHEN OF: Alexis Wormley, wife of defensive lineman Chris Wormley

INGREDIENTS:

5-6 lg sweet apples peeled and diced

1-2 sliced banana

3/4 cup diced celery

1 cup red grapes cut into halves (seedless)

1 cup green grapes cut into halves (seedless)

Lightly toss fruits, nuts, marshmallows and celery

1 cup cool whip

1 teaspoon lemon juice

2 tablespoons sugar

1/2 cup mayo

1 cup mini marshmallows

INSTRUCTIONS:

Lightly toss fruits, nuts, marshmallows and celery in a large mixing bowl. In a separate mixing bowl, combine

cool whip, mayo, lemon juice, salt and sugar and mix well until it has a dressing consistency. Carefully pour

the dressing over the fruit mixture and mix until well combined.